

Notice of Privacy Practices

PLEASE READ THIS PRIVACY POLICY CAREFULLY AND IN ITS ENTIRETY BEFORE USING www.liminalcounselingwellness.com (HEREINAFTER REFERRED TO AS THE “SITE”).

Liminal Counseling + Wellness, LLC (“we,” “our,” or “us”) is committed to protecting your privacy. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you visit our site, contact us, or use our services. By using this site, you agree to the terms of this Privacy Policy. If you do not agree with any part of this policy, please do not use this site.

1. Information We Collect

We may collect personal information you voluntarily provide, such as:

- Name, email address, phone number (e.g., through contact forms or appointment requests)
- Any information you share via messages through the website

We may also collect non-personal data such as:

- Browser type and version
- Pages visited and usage patterns
- Cookies and tracking data (for performance and analytics)

It all begins with an idea. Maybe you want to launch a business. Maybe you want to turn a hobby into something more. Or maybe you have a creative project to share with the world. Whatever it is, the way you tell your story online can make all the difference.

2. How We Use Your Information

We use the information we collect to:

- Respond to inquiries or requests you submit
- Provide and improve services
- Schedule appointments and communicate with you
- Monitor website usage and improve functionality

3. How Your Information is Protected

We take your privacy seriously and use administrative, technical, and physical safeguards to help protect your data. Our website uses **HTTPS encryption** to ensure that information transmitted between your device and our site is secure. Communication through our client portal is also encrypted and HIPAA-compliant.

That said, the internet isn't perfect—no method of transmission or storage is 100% foolproof. So while we do our best to keep your data safe, we can't guarantee absolute security.

4. Sharing Your Information

We do not sell, rent, or share your personal information with third parties for marketing purposes. We may disclose your information:

- To service providers who assist in operating our website or managing client care (e.g., scheduling software, secure email services)
- If required by law (e.g., court order or legal process)
- If there is a risk of harm to you or others, in accordance with professional and legal responsibilities

5. Your Rights and Choices

You may contact us at any time to:

- Review or update the personal information we have for you
- Request deletion of your information (to the extent possible under the law)
- Ask questions about our privacy practices

6. Third-Party Links

This website may contain links to external sites (e.g., scheduling software, payment processors). We are not responsible for the privacy practices or content of these sites. Please review their privacy policies independently.

7. Cookies and Tracking Technologies

This site uses cookies or similar technologies for basic functionality and to analyze traffic. You can adjust your browser settings to decline cookies, though this may affect site performance.

8. Children's Online Privacy Protection Act ("COPPA"):

We do not knowingly market to or collect information from children under the age of 13. If you're under 13, please **stop** and do not use, browse, submit forms, or interact with this website or its services in any way. You're not allowed to provide any personal information here, and we're not trying to reach you anyway.

If you're a parent or guardian and believe that your child under 13 has somehow submitted personal information through this site, please contact us at [your email], and we'll make sure it's deleted promptly.

9. Updates to This Policy

We may update this Privacy Policy from time to time. Changes will be posted on this page with a revised effective date.

10. Contact Us

If you have questions about this policy or your information, please contact:

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